


MEET THE PRODUCT



ARBONNE ESSENTIALS[®] ENERGY FIZZ STICKS

What a kickstarter. As a replacement for your morning coffee or for when you start to feel the afternoon sleepies, stir in a fizz stick to create a refreshing bubbly drink when you start to feel tired to temporarily help promote alertness.[Ⓓ] Energy Fizz Sticks also enhance cognitive performance, help promote endurance, enhance motor performance, and help reduce fatigue.[Ⓓ] Contains antioxidants and a botanical blend of ginseng, B vitamins, CoQ10, and chromium, combined with caffeine naturally derived from guarana and green tea to help boost energy.[Ⓓ] 30 stick packs, Citrus #2077; Pomegranate #2079 

FEATURES

- Temporarily helps promote alertness and endurance when you start to feel tired[Ⓓ]
- Helps to further support cognitive performance when combined with Mind Health[Ⓓ]
- Contains 55 mg of naturally derived caffeine
- Contains antioxidants to help fight free radicals[Ⓓ]
- Low-calorie, and features natural flavors, cane sugar, and stevia
- Maltodextrin-free
- Formulated without artificial flavors or colors
- Available in Citrus or Pomegranate flavor



KEY INGREDIENTS & BENEFITS

- Proprietary botanical blend:
 - Guarana supports energy[Ⓓ]
 - Chromium helps support healthy blood sugar levels already in the normal range[Ⓓ]
 - Taurine, an amino acid, supports energy[Ⓓ]
 - Ginseng root helps support physical capacity and performance[Ⓓ]
 - Coenzyme Q10, an antioxidant, helps support energy[Ⓓ]
- Green tea and guarana provide naturally derived caffeine
- Riboflavin helps metabolize carbohydrates, fats and proteins to provide energy[Ⓓ]
- Niacin helps support energy-yielding metabolism of macronutrients[Ⓓ]

HOW TO USE

Add 1 stick pack to 8 oz. of water and stir. Do not pour into a full water bottle as fizzing could cause an overflow. Enjoy 2–3 times per day.

[Ⓓ]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ARBONNE ESSENTIALS®

ENERGY FIZZ STICKS

Pomegranate

Supplement Facts

Serving Size 1 stick pack (5.8 g)
Servings Per Container 30 stick packs

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1% [†]
Total Sugars	2 g	*
Includes 2 g Added Sugars		4% [†]
Riboflavin (as riboflavin-5'-phosphate sodium)	3 mg	231%
Niacinamide	10 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Vitamin B12 (as methylcobalamin)	6 mcg	250%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Chromium (as chromium chloride)	60 mcg	171%
Sodium (as sodium carbonate and sodium bicarbonate)	280 mg	12%
Potassium (as potassium bicarbonate)	170 mg	4%
Caffeine (from guarana seed extract and green tea leaf extract)	55 mg	*
Taurine (as L-Taurine)	50 mg	*
<i>Panax ginseng</i> root extract	100 mg	*
CoQ10	50 mg	*

[†]Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Citrus

Supplement Facts

Serving Size 1 stick pack (5.7 g)
Servings Per Container 30 stick packs

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1% [†]
Total Sugars	2 g	*
Includes 2 g Added Sugars		4% [†]
Riboflavin (as riboflavin-5'-phosphate sodium)	3 mg	231%
Niacinamide	10 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
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Taurine (as L-Taurine)	50 mg	*
<i>Panax ginseng</i> root extract	100 mg	*
CoQ10	50 mg	*

[†]Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

OTHER INGREDIENTS: citric acid, organic cane sugar, stevia leaf extract, beet juice concentrate (for color), natural flavors, dextrose, gum arabic, microcrystalline cellulose, dicalcium phosphate.

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THE ARBONNE ADVANTAGE

Plant-powered, nutrient-rich products that are cleaner for better results, following a strict ingredient policy that is always gluten-free, vegan and without GMO ingredients.

COMPLEMENTARY PRODUCTS

- Mind Health, #6102
- Antioxidant & Immunity Booster, #2065
- Fit Chews, Caramel #2067; Chocolate #2068; Lemon #6114
- Protein Snack Bars, Dark Chocolate & Sea Salt Flavor #6097; Cranberry & Pumpkin Seed #6098

