


MEET THE PRODUCT



ARBONNE PHYTOSPORT™ AFTER WORKOUT

Exercise can be tough. Without a healthy recovery, it can be difficult to bounce back. An ideal (2:1:1) ratio of branched-chain amino acids helps alleviate exercise-induced muscle soreness to support recovery, a unique antioxidant from pomegranate helps combat free radicals created during workouts, and carbohydrates help support energy recovery.⁹ Add to water, or to the Arbonne Essentials Protein Shake Mix to make a nutrient-rich recovery shake for additional muscle support and repair.⁹ #6100 

FEATURES

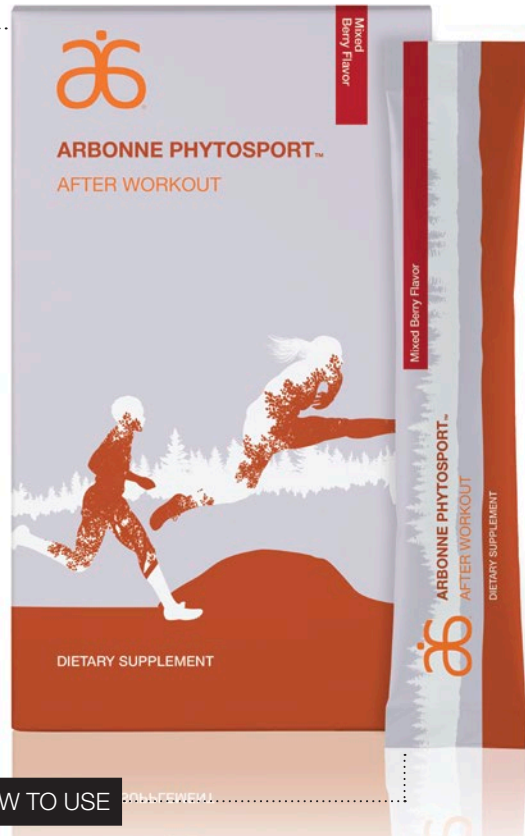
- Helps alleviate activity-induced muscle soreness and fatigue⁹
- Restores energy and supports muscle growth and recovery while helping to reduce downtime between workouts⁹
- Add to the Arbonne Essentials_® Protein Shake or mix with water for a post-workout protein and nutrient boost
- Formulated for men and women 18 and older to support all levels of competitive activity
- Formulated without artificial colors, flavors or sweeteners



KEY INGREDIENTS & BENEFITS

- Contains an exclusive blend of botanicals featuring cayenne, ginseng and turmeric to support circulation, joint comfort, physical capacity and performance, as well as offers antioxidant protection⁹
- Pomegranate contains specific compounds called punicalagins that act as antioxidants to help quench free radicals generated from activity⁹
- Turmeric supports joints and provides antioxidant protection⁹
- Branched-chain amino acids leucine, isoleucine and valine help support muscle repair, alleviate exercise-induced muscle soreness, and promote recovery from normal exercise-induced muscle damage⁹
- Calcium and magnesium support muscle function and recovery⁹
- Sodium and potassium help replenish electrolytes lost due to exertion⁹
- Vitamin B-12 helps the body metabolize carbohydrates, proteins and fats, as well as supports red blood cell formation⁹

⁹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HOW TO USE

Mix well or shake 1 stick pack (12.4 g) with 16 oz. of water or add to an Arbonne Essentials Protein Shake. Keep in a cool dry place. Consume within 30 minutes of physical activity.

BSCG CERTIFICATION

Banned Substances Control Group (BSCG) tests for more than 207 drugs banned by sporting groups including WADA, NFL, MLB, NHL, NBA, MLS, PGA, LPGA, NCAA, and is the only certification provider to cover an additional 185 prescription and over-the-counter drugs not banned in sport. BSCG also regularly tests products for label verification, identity and contaminants, and audits manufacturers for Good Manufacturing Practices (GMP) compliance.



ARBONNE PHYTOSPORT™ AFTER WORKOUT

THE ARBONNE ADVANTAGE

Increased endurance, energy and peak performance with plant-powered ingredients including a proprietary blend of botanicals; certified for use by the Banned Substances Control Group.

COMPLEMENTARY PRODUCTS

Prepare & Endure, #6099

Complete Hydration, #6264

Supplement Facts

Serving Size 1 stick pack (12.4 g)
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	6 g	2%*
Total Sugars	1 g	*
Includes 0.5 g Added Sugars		<1%*
Vitamin B12 (as cyanocobalamin)	4 mcg	167%
Calcium (as calcium citrate tetrahydrate)	100 mg	8%
Magnesium (as magnesium citrate)	100 mg	24%
Sodium (as sodium chloride)	39 mg	2%
Potassium (as potassium citrate)	28.5 mg	<1%
Branched Chain Amino Acid Blend	3500 mg	*
L-leucine, L-isoleucine, L-valine		
Arbonne PhytoSport Blend	189 mg	*
Ginseng (<i>Panax ginseng</i>) root extract, Turmeric (<i>Curcuma longa</i>) root extract, Cayenne (<i>Capsicum annuum L.</i>) fruit extract		
Pomegranate (<i>Punica granatum</i>) fruit extract standardized to 50% polyphenols	150 mg	*

*Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

OTHER INGREDIENTS: organic brown rice syrup solids, natural flavors, citric acid, maltodextrin (non-GMO), organic gum acacia, stevia leaf extract, organic guar gum, xanthan gum, beet root powder.

Made in a facility that processes wheat, Crustacean shellfish, egg, fish, peanuts, soybeans, milk, and tree nuts.

